Shalom Recovery Center

349 Blake Dairy Road • Belton, SC 29627 Phone (864) 338-9875 • Fax (864) 338-9876 www.shalomrecovery.com

Items to Bring

Appropriate clothing - clothing that is too tight or

too revealing is not considered appropriate. T-shirts

with writing on them must be tasteful according to the standards of Shalom Center. Always wear a bra!!

- 5 Pair of Jeans or slacks (some need to be work pants suitable for outside work)
- 3 Pair of Shorts (no short-shorts)
- 7 Tops T-shirts or blouses
- 1 Jacket
- 1 Sweater

Underwear

- 3 Nightgowns/pajamas
- 1 Robe, Slippers

Bathing suit (preferably a one piece)

Clothes appropriate for church

Shoes - 1 dress pair, 1 casual, flip flops, 1 work pair

Alarm clock without radio

Bible (NIV, if possible), notebook or notebook paper, pens, pencils, highlighters

Personal Hygiene products:

Shampoo, deodorant, sanitary napkins, toothbrush, toothpaste, floss, hairbrush, blow dryer, curling iron, razor, 7 day am/pm pill holder, etc.

Laundry basket or pop up hamper

Pillow (you can bring a blanket, comforter or towels if you'd like, however we do provide them)

Items for the house: Toilet paper, paper towel, aluminum foil, kitchen trash bags, etc.

PLEASE DO NOT BRING THE FOLLOWING ITEMS:

Any restricted items brought will be sent home with your family or disposed of!

Anything containing alcohol (example: hair spray, mouthwash)

NO perfume, cologne, nail polish or polish remover

NO aerosol cans (pump only)

NO secular reading material, magazines, puzzle books, etc.

Shalom Recovery Center requires the following medical tests before being accepted: HIV, VD, and Pregnancy. These can be obtained at the Health Department.

If you are on any medications, make sure you bring one month and have two month's refills available. If you have any court dates set for the time you are in Shalom Center, please make sure your attorney postpones it until you graduate the program and we will send a letter stating you are in treatment here once you arrive.

Also, please bring driver's license or picture ID and social security card with you.