

Shalom Recovery Center

349 Blake Dairy Farm Road ● Belton, SC 29627

Phone (864) 338-9875 ● Fax (864) 338-9876

www.shalomrecovery.com

Minimum Items to Bring (space is limited)

5 Pair of Jeans or slacks (some need to be work pants suitable for outside work)
3 Pair of Shorts (no short-shorts)
7 Tops (T-shirts or blouses)
1 Jacket
1 Sweater
Underwear
Sleepwear (3 Nightgowns/Pajamas)
1 Robe
Clothes appropriate for church
Shoes (1 dress pair, 1 casual pair, flip flops, 1 work pair)
Laundry basket or pop up hamper
Pillow (you can bring a blanket, comforter or towels if you'd like, however we do provide them)
Hangers

Appropriate Clothing: Clothing that is too tight or too revealing is not considered appropriate. T-shirts with writing on them must be tasteful according to the standards of Shalom Center. Always wear a bra!

Alarm clock without radio

Bible (NIV, if possible), notebook or notebook paper, pens, pencils, highlighters

Personal Hygiene products:

Shampoo, deodorant, sanitary napkins, toothbrush, floss, hair brush, blow dryer, curling iron, razor, 7 day am/pm pill holder, etc.

Item for the house: (please bring **one** of the following)

Toilet paper, paper towel, aluminum foil, plastic wrap, kitchen trash bags, etc.

ANY UNAPPROVED MEDICATION WILL BE DISPOSED OF (NOT SENT HOME OR KEPT)

PLEASE DO NOT BRING THE FOLLOWING ITEMS:

- Any restricted items brought will be sent home with your family or disposed of!
- Anything containing alcohol (example:hairspray, mouthwash)
- NO Perfume, cologne, nail polish or polish remover
- NO aerosol cans (pumping only)
- NO secular reading material, magazines, puzzle books, etc.

Shalom Recovery Center requires the following medical tests before being accepted: HIV, VD, and Pregnancy. These can be obtained at the Health Department.

If you are on any medications, make sure you bring one month and have three months refills available.

If you have any court dates set for the time you are in Shalom Center, please make sure your attorney postpones it until you graduate from the program and we will send a letter stating that you are in treatment here once you arrive.

Please bring driver's licenses or picture ID and social security card with you.

